

# WILDCAT TIMES

Inspired to think, to achieve, to care with **P.R.I.D.E.**

**Purpose, Rigor, Integrity, Determination, Empowerment**

*Dear Wildcat Families,*

*I hope you all had a wonderful Thanksgiving break. The next few weeks are really going to fly by quickly. Please make sure you stay current with Aeries to keep the kids on track as first semester grades come to an end on December 26th.*

*We would love to be able to honor all the students that earned first semester GPA's of 3.5 - 4.0. GPA of 3.5-3.9 will earn the kids silver honor roll and 4.0 will earn gold honor roll.*

*We will be celebrating and honoring all these students as well as improved attendance/perfect attendance and highest increase in CAASPP testing during the January Renaissance Day on Friday, January 31st beginning at 7:30 a.m. We will be providing Honor Roll patches, T-shirts and breakfast for these family members prior to our 9 a.m. PRIDE rally ceremonies and activities. Please encourage your son or daughter to seek the help needed to be a part of this day and utilize the Wildcat Den with college tutors and staff/teacher tutoring opportunities to get missing work in and re-takes completed.*

*Let's finish this year off strong and celebrate the successes of our kiddos and all their hard work as we prepare for the Holidays and the New Year.*

*Go Wildcats and Go Big Blue!*

**Mr. Picchiottino (Mr. P)**

**Principal WSMS**

**HAPPY**  
*holidays*

# Warm Springs



Middle School



39245 Calle De Fortuna  
Murrieta, CA 92563  
Phone: (951) 696-3503  
Fax: (951) 304-1611

Principal

Terry Picchiottino x3199

Assistant Principal

Francie Lopez-Zarate x3198

AP/Dean of Students

Mike Duran x3147

Counseling

Mary Davis (A-K) x3191

Cari Young (L-Z) x3155

Site Secretary/Bookkeeper

Julie Bungenstock x3197

Attendance/Discipline

Susan Carmichael x3194

Guidance Tech

Veronica Salgado-Kerr x3257

Please visit our  
School Events Calendar for  
*December*  
events and activities



- Safety Threats
- Weapon Possession
- Bullying of any kind
- Suicide thoughts
- Drug activity including alcohol
- Vaping and Tobacco use on Campus
- Fights, harassment or intimidation



## → TARDY POLICY ←

It is important that students be at school and in class on time. Arriving late to class creates a disruption to the learning environment. Habitual tardiness will receive a consequence as follows;

- Tardy 1-3 - student will be warned and parent will be contacted.
- Tardy 4 or more - will receive a lunch detention and parent contact/meeting
- Eighth grade students may lose the privilege of participating in the end of the year activities if they receive twenty (10) cumulative tardies during the school year.

### MESSAGES & DELIVERIES

Please make travel, lunch, clothing and other arrangements with your student before he/she arrives at school as these items are no longer accepted at the front office. While we join with you in the celebration of special occasions, bouquets of flowers, balloons or other gifts should be delivered elsewhere and will not be accepted at the front office. Calling into or delivering messages and non-emergency items to classrooms is disruptive to the learning environment and students should be responsible for remembering their own work, lunches, clothing, instruments and sports equipment or other necessities; therefore, we no longer deliver any items to classrooms. We appreciate your assistance in helping us to reserve this function for true emergencies.

# Warm Springs



Middle School

## 2019-2020 Grading Ending Period Dates

Semester	Title	Ending Input Date
1st Semester	6 week Grading Period	Tues, 9/24/2019
1st Semester	12 week Grading Period	Tues, 11/05/2019
<b>1st Semester</b>	<b>Final Grading Period</b>	<b>Thurs, 12/26/2019</b>
2nd Semester	6 week Grading Period	Tues, 02/25/2020
2nd Semester	12 week Grading Period	Tues, 04/14/2020
2nd Semester	Final Grading Period	Tues, 06/09/2020

## ATTENTION

### 8<sup>TH</sup> GRADERS!

### HEARING AND VISION

### SCREENINGS ARE

### DECEMBER

### 12<sup>TH</sup> & 13<sup>TH</sup>.

### ATTENDANCE MATTERS...

### PLEASE REMEMBER TO

### HAVE YOUR GLASSES

### WITH YOU

Visit the Den to get help with your homework & catch up on assignments.

Computers are available!

### Wildcat Den is OPEN!

### Unless otherwise notified

Monday—Friday

Room 617 ext. 3187

Students must bring their WSMS I.D.

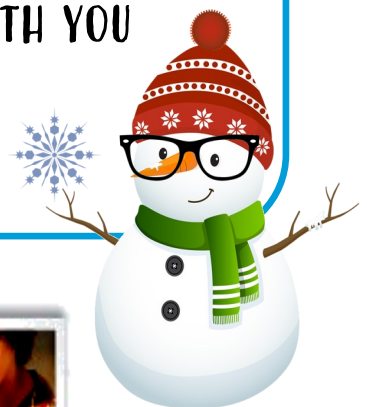
Before school

8:00 - 8:50

After School

Monday 2:00 - 4:00

Tuesday - Friday 3:15 - 4:00



## Ready For 7<sup>th</sup> Grade?

You'll need proof of two chickenpox shots and one whooping cough shot.

[ShotsForSchool.org](http://ShotsForSchool.org)



# Warm Springs



Middle School

Presents...



## Jazz Ensemble Concert

Friday, December 5th @ 7p.m.

in

**Vista Murrieta High School**

28251 Clinton Keith Road

Murrieta, CA 92563

*Featuring...*

**WSMS Jazz I and II VMHS Jazz III, II and I**

### Band Holiday Coffee Concert

**December 5th & 6th**

Concert will be during school  
hours

Schedule to be announced

### BAND PICTURE DAY

**DECEMBER 9TH**

ALL BANDS INCLUDING JAZZ, INDOOR PERCUSSION,  
CHOIR, AND CHOIR CLUB

*FULL CONCERT UNIFORM REQUIRED FOR ALL PICTURES*

PICTURES WILL TAKE PLACE DURING THE STUDENTS  
BAND PERIOD, SCHEDULE WILL BE MADE AVAILABLE

SOON

# Warm Springs



Middle School

## *Winter Wonderland Dance*

*December 12th*

*3:15 — 5*

*Cost is \$5 w/o ASB*

*FREE with ASB sticker*

# Warm Springs



Middle School

## Spirit Week

December 16th—20th

Monday, 12/16—Fuzzy  
Sock Day

Tuesday, 12/17—Career  
Day

Wednesday, 12/18—  
Country Western vs  
Country Club

Thursday, 12/19—Ugly  
Sweater Day

Friday, 12/20—Pajamas  
Day

## Early Release Alert

Monday and Tuesday

3:10 Dismissal

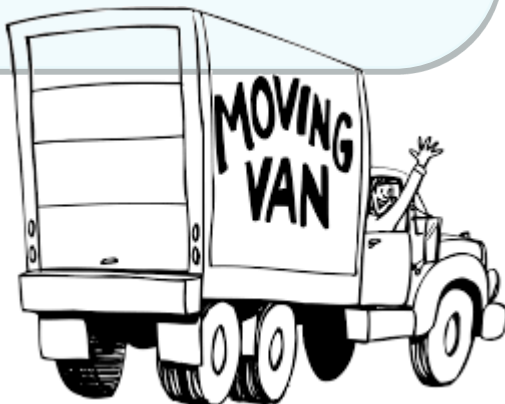
Wednesday—Friday

1:50 Dismissal

Period rotations to be announced

WINTER  
BREAK

December 23rd—January 13th



It is important that your child is properly withdrawn from our school prior to you moving.

Please contact Veronica Salgado-Kerr at 951-696-3503 ext. 3257

# Not Receiving Emails From Your Child's School?


- ✓ Check your spam or junk folder
- ✓ View your email providers settings.
- ✓ Add the **signalkit.com** and **murrieta.k12.ca.us** to your safe senders list or contacts.



Opting out of all messages means you will not receive important school & teacher messages, reminders or other school updates relating to your child.

**Aeries Communications is the ONLY district approved mass communication system used for teacher, school and district messages.**

# Can I set my communication preferences for Aeries Messages?

- 1 Log in to the Aeries Parent Portal
- 2 Log in to the Aeries Parent Portal  
Once in Aeries, click on Communications.
- 3 Click on your personal profile avatar: the circle with your initials. A drop down menu appears: Personal Info, Feed Manager, Notifications
- 4 Click on Notifications 
- 5 Check and uncheck boxes to indicate how you would like to receive each type of announcement from the school district.

Emergency Announcements will automatically be sent in all formats.



# Middle Years

Working Together for School Success



## Short Stops

### A cozy tradition

Family traditions give tweens a sense of security as they deal with the ups and downs of adolescence. Here's one idea: Have hot chocolate parties on cold winter days. Set out toppings like marshmallows, cinnamon, and nutmeg. Then, chat about your day while you enjoy your treat.

### Welcome, second semester!

Before your child goes back to school, remind her to check her schedule for any changes second semester will bring. She should make sure she knows where new classrooms are and what supplies she'll need. *Tip:* Send an email introducing yourself to any new teachers she has.

### Middle school dating

If your tween mentions classmates who are dating, ask him what that means in middle school. Often, tween relationships start with "talking," which means texting or chatting on social media. Ask your child whether he's interested in anyone, and share your expectations, such as only exchanging messages and photos he'd be okay for you to see.

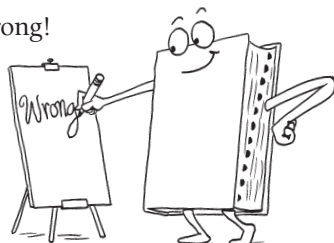
### Worth quoting

"There are no shortcuts to anyplace worth going." *Beverly Sills*

### Just for fun

**Q:** What word is spelled wrong in every dictionary?

**A:** Wrong!



## Healthy technology habits

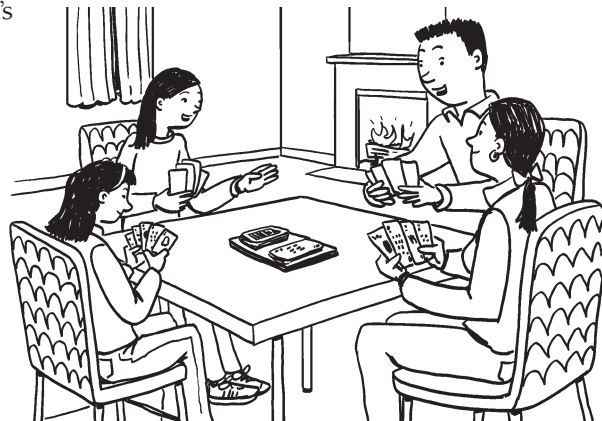
Limiting your middle grader's screen time encourages her to interact with people in real life and focus on schoolwork. Try these tips.

### Join in

Setting limits on electronics use for the whole family may make your tween more likely to cooperate. Ask everyone to silence and put away devices during game nights or car rides. You can enjoy conversation and pay attention to each other. Also, set up a charging station where everyone leaves devices at night so that sleep isn't interrupted.

### Socialize face to face

Suggest that your child brainstorm screen-free activities to do with friends. *Examples:* Make up dance routines, work on a giant jigsaw puzzle. Or they could use electronics in ways that don't involve staring at screens. Maybe they'll sing along with a free karaoke app or go



outside and see who can take the coolest nature photos.

### Stay focused

When your middle grader uses electronics for homework, have her close all apps or windows that she doesn't need for the assignment. She should also turn off notifications so she's not tempted to reopen the apps she closed. And if she takes a break, encourage her to make it screen-free. Perhaps she'll go for a short walk or play with her dog. 👍

## Developing a growth mindset



# Meaningful math

Math isn't just for the classroom. Numbers help to determine professional football team rosters, which TV shows stay on the air, and how new cars are designed. Your child can work with data, ratios, and percentages in areas that interest him. Share these examples.

## Sports

Let your middle grader compare stats of teams and players in his favorite sport. He might look up and chart a hockey team's win-loss record and the star player's goals, assists, and total points. What percentage of the team's goals has that player scored so far this season?

## TV shows

Television networks and streaming services decide which shows to keep based on how many people watch them. For a



month, suggest that your child follow weekly Nielsen ratings online for your family's favorite shows (see [nielsen.com/us/en/top-ten/](http://nielsen.com/us/en/top-ten/)). By what percentage do viewer numbers change from week to week for each show?

## Cars

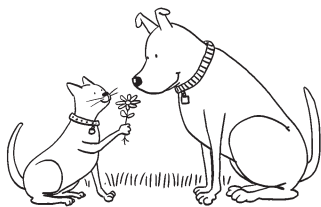
Engineers use math to design fuel-efficient cars. Ask your tween to look up the weight and gas mileage for various cars and calculate the weight-mileage ratio. He'll discover that lighter cars generally get better gas mileage. 👍



## Spread kindness



**Q** I recently overheard my daughter and her friend making mean remarks about another girl. How can I encourage my child to be kinder?



**A** Being kind has benefits that matter to tweens, like helping them make and keep friends and feel good about themselves.

Suggest that your daughter challenge herself to do at least one kind act each day. Maybe she could smile and say good morning to the bus driver or custodian, or invite someone who's sitting alone in the cafeteria to eat lunch with her.

When you ask your child about school at the end of the day, be sure to include, "Who were you kind to today?" and "Who was kind to you?" Tell her what you did that was kind, too—you'll give each other ideas to try another day. 👍

## Ready, set, debate

When would you want your tween to argue with you? During a friendly debate! Knowing how to make a strong argument can help her write persuasive essays and participate in class discussions. Here's a fun way to practice.

- 1. Choose a topic.** You might debate whether it's better to shop online or in stores, or whether we should colonize Mars or the moon.
- 2. Prepare arguments.** Have each person write down facts that support each side. *Examples:* Shopping online saves time because you don't have to drive to a store, and you can quickly compare options from several sites. But in a brick-and-mortar store, you can choose the vegetables you want or try on clothes, and you'll get in more steps for the day.
- 3. Hold a debate.** Assign half the family to one side and half to the other. Then, present your arguments for your side. Next, swap sides—each person argues the opposite position. Did anyone's opinion change as a result of the debate? 👍



## Nervous? Try this

My son Ben loves to play piano, but he was nervous about this year's recital. I recently gave a big presentation at work, so I knew how he felt. I decided to talk to him about strategies I used to calm my nerves.

I told Ben that I practiced a lot. That helped me feel more confident because I knew the material better. Then during the presentation, I looked for friendly faces in the crowd. I

also kept going even when I stumbled over a few words.

Ben has been practicing for his recital, and he has also asked me to listen so he could play in front of an audience.

He said that on recital day, he plans to glance at our family for a boost of confidence before he sits down to play. I'm hoping that following my advice will make him a little less nervous. 👍



## OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
800-394-5052 • [rfeustomer@wolterskluwer.com](mailto:rfeustomer@wolterskluwer.com)  
[www.rfeonline.com](http://www.rfeonline.com)  
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# Middle Years

Trabajando para el éxito escolar



## Notas Breves

### Una tradición íntima

Las tradiciones familiares dan seguridad a los preadolescentes en los altibajos de la adolescencia. He aquí una idea: Celebren fiestas de chocolate caliente en los fríos días de invierno. Preparen condimentos como esponjitas dulces, canela y nuez moscada. Luego comenten cómo les fue el día mientras disfrutan de su golosina.

### ¡Bienvenido, segundo semestre!

Antes de que su hija vuelva al colegio recuérdale que consulte en su horario los cambios que traerá el segundo semestre. Debería averiguar dónde están sus nuevas aulas y qué materiales necesitará. *Consejo:* Envíe un correo electrónico a sus nuevos maestros para presentarse.

### Citas en la escuela media

Si su hijo le menciona que algunos compañeros salen con su pareja, pregúntele qué significa eso en la escuela media. A menudo las relaciones entre preadolescentes empiezan “hablando”, lo que significa que se envían textos o que charlan en las redes sociales. Pregúntele a su hijo si le interesa alguien y comparta con él sus expectativas, por ejemplo que se intercambien sólo mensajes y fotos que no le importara enseñarle a usted.

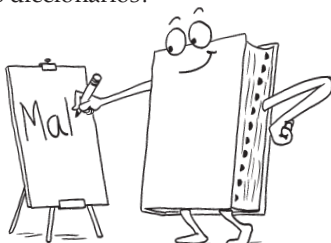
### Vale la pena citar

“No hay atajos para ningún sitio al que vale la pena ir”. *Beverly Sills*

### Simplemente cómico

**P:** ¿Qué palabra está mal escrita en todos los diccionarios?

**R:** ¡Mal!



## Costumbres tecnológicas sanas

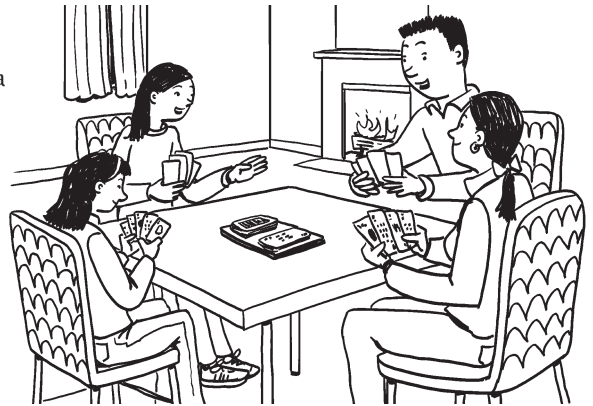
Limitar el tiempo que su hija pasa frente a las pantallas la anima a interactuar con gente en la vida real y a concentrarse en el trabajo escolar. Ponga a prueba estos consejos.

### Participen

Poner límites al uso de aparatos electrónicos para toda la familia facilita que su hija quiera cooperar. Dígalos a todos que silencien y que guarden sus aparatos durante las noches de juegos o los viajes en el auto. Así podrán disfrutar de la conversación y se prestarán atención. Hagan también una estación de carga en la que todos dejen sus aparatos por la noche para no interrumpir el sueño.

### Socialicen cara a cara

Sugérela a su hija que piense en actividades sin pantalla para hacerlas con sus amigas. *Ejemplos:* Inventar pasos de baile, componer un rompecabezas gigante. También podrían usar los aparatos electrónicos en formas que no impliquen pegarse a la pantalla. Podrían cantar con una aplicación



gratuita de karaoke o salir al aire libre y ver quién puede hacer las fotos más atractivas de la naturaleza.

### Concéntrense

Cuando su hija use aparatos electrónicos para hacer los deberes, dígalos que cierre todas las aplicaciones o ventanas que no necesite para la tarea. Debería apagar también las notificaciones para evitar la tentación de abrir otra vez las aplicaciones que cerró. Y si se toma un descanso, anímela a que sea sin pantallas. Podría dar un breve paseo o jugar con su perro. 👍

## Con actitud para crecer



# Matemáticas significativas

Las matemáticas no son sólo para el aula. Los números ayudan a decidir las alineaciones de los equipos de fútbol profesional, qué programas siguen en antena y cómo se diseñan los nuevos autos. Su hijo puede trabajar con datos, proporciones y porcentajes en temas que le interesen. Comparta con él estos ejemplos.

## Deportes

Que su hijo compare las estadísticas de equipos y jugadores de su deporte favorito. Podría informarse y hacer una gráfica con el registro de victorias y derrotas de un equipo de hockey y los goles del jugador estrella, las asistencias y el total de puntos. ¿Qué porcentaje de los goles del equipo ha marcado esta temporada ese jugador?



## Programas de TV

Las cadenas de televisión y los servicios de transmisión por internet deciden qué programas seguir transmitiendo basándose en cuánta gente los ve. Sugírela a su hijo que durante un mes siga por internet el índice de audiencia Nielsen para los programas favoritos de su familia (vayan a [nielsen.com/us/en/top-ten/](http://nielsen.com/us/en/top-ten/)). ¿En qué porcentaje cambia el número de espectadores de semana a semana para cada programa?

## Autos

Los ingenieros usan las matemáticas para diseñar vehículos de consumo eficiente.

Dígale a su hijo que consulte el peso y el consumo de combustible para varios autos y que calcule la proporción de peso y consumo de combustible. Descubrirá que cuanto más ligeros son los autos por lo general más rinde el combustible. 👍



## PER Difundan la amabilidad

**P** *Hace poco oí a mi hija y a su amiga haciendo comentarios crueles sobre otra niña. ¿Cómo puedo animar a mi hija a que sea más amable?*

**R** Ser amable aporta beneficios tan importantes para los preadolescentes como ayudarles a hacer amistades y a conservarlas y a sentirse bien con ellos mismos.



Sugírela a su hija que se ponga como desafío hacer un acto amable por lo menos una vez al día. Tal vez podría sonreír y decir buenos días al conductor del autobús o al conserje o invitar a que coma con ella a alguien que está solo en el comedor escolar.

Cuando le pregunte a su hija qué tal le fue en el colegio al final del día, procure preguntarle “¿Con quién fuiste amable hoy?” y “¿Quién fue amable contigo?” Dígale también algo amable que usted hizo y dense ideas para el día siguiente. 👍

## Preparados, listos, debatan

¿Cuándo le gustaría que su hija discuta con usted? ¿Durante un debate amistoso! Si sabe presentar un argumento convincente le será útil para escribir ensayos persuasivos y para participar en las discusiones de clase. He aquí una forma divertida de participar.

**1. Elijan un tema.** Podrían debatir si es mejor comprar en la red o en las tiendas, o si deberíamos colonizar Marte o la Luna.

**2. Preparen argumentos.** Que cada persona escriba datos que apoyen cada lado. *Ejemplos:* Comprar en la red ahorra tiempo porque no hay que ir a la tienda y se pueden comparar rápidamente las opciones que se ofrecen en distintos sitios. Pero en una tienda física se pueden elegir las verduras que uno quiere o probarse las ropas y además caminarás unos cuantos pasos más al día.

**3. Debatan.** Asignen un lado a la mitad de la familia y otro a la otra mitad. Luego presenten los argumentos para su lado. A continuación cambien de lado: cada persona debate la posición contraria. ¿Cambió el debate la opinión de alguien? 👍



## De padre a padre ¿Nerviosos? Prueben esto

A mi hijo Ben le encanta tocar el piano, pero le ponía nervioso el recital de este año. Hace poco di una presentación importante en mi trabajo así que entendía cómo se sentía. Decidí compartir con él algunas estrategias que uso para tranquilizar los nervios.

Le dije a Ben que había practicado mucho. De esta forma me sentí más segura porque conocía mejor el material. Luego, durante la presentación, buscaba

rostros amables en la audiencia. Y aunque tropezara en alguna palabra seguía adelante.

Ben ha practicado para su recital y también me ha pedido que lo escuche para así tener público mientras toca.

Me dijo que el día del recital tiene pensado mirar a nuestra familia para sentir más confianza en sí mismo antes de sentarse a tocar. Espero que mis consejos logren que se sienta un poco menos nervioso. 👍



**NUESTRA FINALIDAD**

Proporcionar a los padres ideas prácticas que promuevan el éxito escolar, la participación de los padres y un mejor entendimiento entre padres e hijos.

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